



Student Weekly Reflection Journal

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Name: _____

Week of: _____

Grade/Class: _____

1. What I Learned This Week

Describe the most important things you learned in class this week.
You can include subjects, skills, or ideas.

[Fillable space]

2. What I Did Well

What are you proud of this week?
Think about participation, effort, creativity, responsibility, etc.

[Fillable space]

3. What Was Challenging

What was hard for you this week? How did you deal with it?

[Fillable space]

4. 🧠 How I Learned

What strategies helped you learn best this week?

Examples: group work, taking notes, asking questions, visual aids.

[Fillable space]

5. 💬 Goals for Next Week

What is one academic or personal goal you want to work on next week?

[Fillable space]

6. 😊 How I Felt This Week

Use one word to describe your overall feeling this week and explain why.

Word: _____

Explanation:

[Fillable space]

7. 🙌 Someone I Appreciate

Who made a positive difference for you this week? What did they do?

[Fillable space]

★ **Student Signature:** _____

👤 **(Optional) Teacher Comments:**

[Fillable space]